

# New Testament Sermon Outline

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Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. **(Matthew 11:28-30, NIV).**

Examples of weariness from the book of Luke:

## The Woman with the Issue of Blood

**Luke 8:43-48** And a woman was there who had been subject to bleeding for twelve years, but no one could heal her. She came up behind him and touched the edge of his cloak, and immediately her bleeding stopped. "Who touched me?" Jesus asked. When they all denied it, Peter said, "Master, the people are crowding and pressing against you." "But Jesus said, "Someone touched me; I know that power has gone out from me." Then the woman, seeing that she could not go unnoticed, came trembling and fell at his feet. In the presence of all the people, she told why she had touched him and how she had been instantly healed. Then he said to her, "Daughter, your faith has healed you. Go in peace."

## The Parable of the Persistent Widow

**Luke 18:1-3** Then Jesus told his disciples a parable to show them that they should always pray and not give up. He said: "In a certain town there was a judge who neither feared God nor cared what people thought. And there was a widow in that town who kept coming to him with the plea, 'Grant me justice against my adversary.'"

## **Thoughts relating weariness to domestic violence:**

- Weariness and burdens affect us all.
- Loss, catastrophes, natural disasters, and trauma affect many individuals within our congregations.
- Some have experienced the injustice of domestic violence. Some have carried these burdens for years, alone, with no one to share the burden.
- Such experiences can bring grief, regret, or anger into our lives.
- If you are weary due to oppression and abuse, you can bring that weariness to God.
- When life is dark and dreadful, we can bring that pain to God.
- We can bring those painful moments, and we can bring our sheer exhaustion.
- God offers rest to the weary.

## **Related quotes:**

- Never flinch. Never weary. Never despair. **Winston Churchill**
- We find no rest for our weary bones unless we cling to grace. **Martin Luther**
- So shines a good deed ... in a weary world. **Gene Wilder**
- I am tired of being tired and talking about how tired I am. **Amy Poehler**